

Rössing Uranium Limited  
28 Hidipo Hamutenya Avenue  
Swakopmund, Namibia  
*Registered in Namibia No. 70/1591*



**Rössing Uranium**

*A member of the Rio Tinto Group*

WORKING FOR NAMIBIA

Correspondence to:  
Private Bag 5005  
Swakopmund, Namibia  
Telephone (+264 64) 520 2382  
Facsimile (+264 64) 520 2286

**Marathon / 1 of 4**

## **Media Release**

**Tuesday, 13 February 2007**

FOR IMMEDIATE RELEASE

### **RÖSSING NAMIBIA MARATHON CHAMPIONSHIP & 10km RUN / WALK & 5km Charity Walk for the Cancer Association of Namibia on Saturday, 24 February 2007**

The **Rössing Namibia Marathon Championship**, organised by the Swakop Striders, will take place for the 16<sup>th</sup> consecutive year in Swakopmund on **Saturday, 24 February 2007**.

The winner of the event will be crowned the Namibia National Marathon Champion for 2007.

This is the last race where aspirant Two Oceans and Comrades runners can qualify for these South African events, and possible selection for Namibia could hinge on a good performance in the Rössing Namibia Marathon Championship.

The **10km Run / Walk** will again be a popular race and judging by previous events, a good field can be expected. The 10km is not only for regular runners / walkers who do not want to participate in the full marathon, but is open to everyone who wants to run or walk the shorter distance.

In addition to generous money prizes for category winners, T-shirts will be issued to entrants in the Marathon and 10km run / walk on a first-come-first-serve basis. All finishers will receive a medal.

Directors: C V Kauraisa\* (Chairman), M D Leech\* (Managing), E H T Angula\*, S N Ashrafizadeh\*\*\*\*, B H Beath\*\*,  
P D Carlson\*, P S Chiaro\*\*\*, F Fredericks\*, R R Hoveka\*, A V Kalantari\*\*\*\*, C J Kinnell\*\*\*\*, J S Kirkpatrick\*,  
J S Louw\*\* (alt. G.P. Louw), V B Moll\*, M K K Mhopjeni\*, W van Rooyen\*  
Company Secretary: G D Labuschagne

\* Namibian

\*\* South African

\*\*\* American

\*\*\*\* Iranian

\*\*\*\*\* British

## **Marathon / 2 of 4**

Runners can enter in the following categories: Men / Ladies Open; Veteran Men / Ladies; Masters; Grand Masters as well as the Junior category in the 10km run for those younger than 20 years of age.

The starting point is again at the parking area below Café Anton, next to the Swakopmund Tennis Club courts at the back of the Swakopmund Museum.

Entries will be taken at the starting point on Friday, 23 February from 18:00 to 21:00 and from 06:00 on the day of the event. Entry fees are N\$25 for the marathon and N\$15 for the 10km race.

Runners in the marathon will set off from the starting point below Café Anton at 07:00 together with the 10km runners. Both the marathon and the 10km run / walk will follow the same route along Am Zoll, Sudstrand, Rhode Allee and out on the road to Henties Bay and back with the finish at the same place where the race started.

Refreshment stations will be set up approximately three kilometres apart and there will be sufficient marshals along the route to see to the safety of runners. Medical services will be provided along the route and at the finish.

In 2006 50 athletes in the Marathon and a record number of 126 athletes in the 10km race participated.

It is not yet known whether last year's winners will return to defend their titles this year, but with the increase in enthusiasm for road running in Namibia, the event would certainly be an exiting one. Salomo David, a member of the Welwitchia 77 Athletics Club of Windhoek, was the Marathon Champion in 2004 (2:29:04), 2005 (2:22:28) and 2006. His time in 2006 for the 42.2km was 2:30:02. Salomo won the event for the first time in 2001 (2:28:29).

In the second place in 2006 was Leonard Namupala (2:46:29) of the Scenic Club, Luderitz, and in the third place Andreas Angula (2:49:08) of the Ramblers Striders.

Luketz Swartbooi still holds the Rössing Marathon Championship record time of 2:11:23 set in 1992.

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## **Marathon / 3 of 4**

The Ladies Open winner in 2006 was Rachel Akukothela. She was the 6<sup>th</sup> marathon runner over the line in a time of 3:06:36, followed by Sophia Swiegers (4:02:2) and Adèle Delarey (4:09:00), both of the Windhoek Harriers. Beata Naigambo was the winner in Ladies Open in 2005 in a time of 3:04:22.

For the sixth year a Rössing 10km relay team event will be held for employees, and this year Rössing contractors are also invited to enter teams. Each of the four team members runs 2.5km. The Rössing team event starts with the main race at 07:00.

In addition a **5km Charity Walk for the Cancer Association of Namibia**, starting at 09:00 (entry at 08:30), will be hosted for the fifth year and is open for all. The entry fee is N\$10 per walker with the proceeds going to the Cancer Association. In this category there will be various prizes such as for the best dressed walker, tallest walker, youngest & older walkers and walker with the most interesting hat.

**For further information please contact Frank Slabbert at tel. 064 405788 (h) or cell 081 240 3383 or Alwyn Lubbe at tel. (064) 520 2382 or cell 081 122 5201.**

Editors Note:

The Rössing Marathon started in 1987 and has seen many well-known Namibian athletes emerging. To name a few are Luketz Swartbooi (the record holder at 2:11:23), Frank Kayele, Moses Maasdorp, Fritz Awoseb, Joseph Tjitinga and Johannes Gawaxab.

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Rössing introduced the 10km Run / Walk in 1997 for the first time and it is turning out to be a very popular event.

The 5km Charity Walk started in 2003 and is expected to grow every year with many participants out for an easy walk towards a good cause and a healthy lifestyle.

**Previous Marathon winners are:**

1992	Luketz Swartbooi	2:11:23
1993	Aaron Shipanga	2:28:23
1994	Fritz Aloseb	2:17:05
1995	Moses Maasdorp	2:25:32
1996	Alex Cloete	2:26:44
1997	Joseph Tjitunga	2:19:06
1998	Johannes Gawaxab	2:29:48
1999	Luketz Swartbooi	2:20:44
2000	Tobias Hiskia	2:28:04
2001	Salomo David	2:28:29
2002	Tuhafeni Petrus	2:29:08
2003	Robert Kaxaxuena	2:26:20
2004	Salomo David	2:29:04
2005	Salomo David	2:22:28
2006	Salomo David	2:30:02